

FIG. 1A

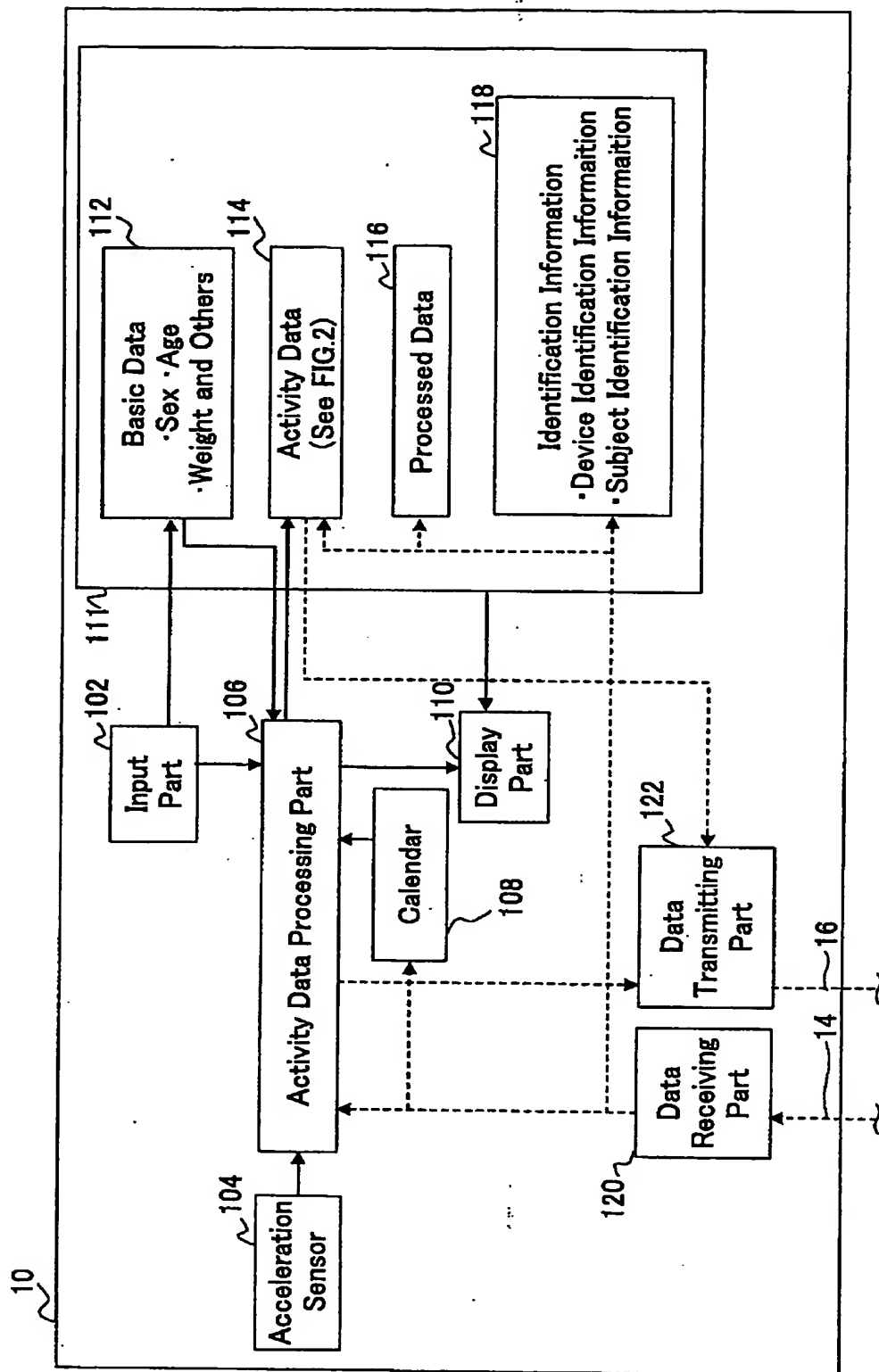


FIG. 1B

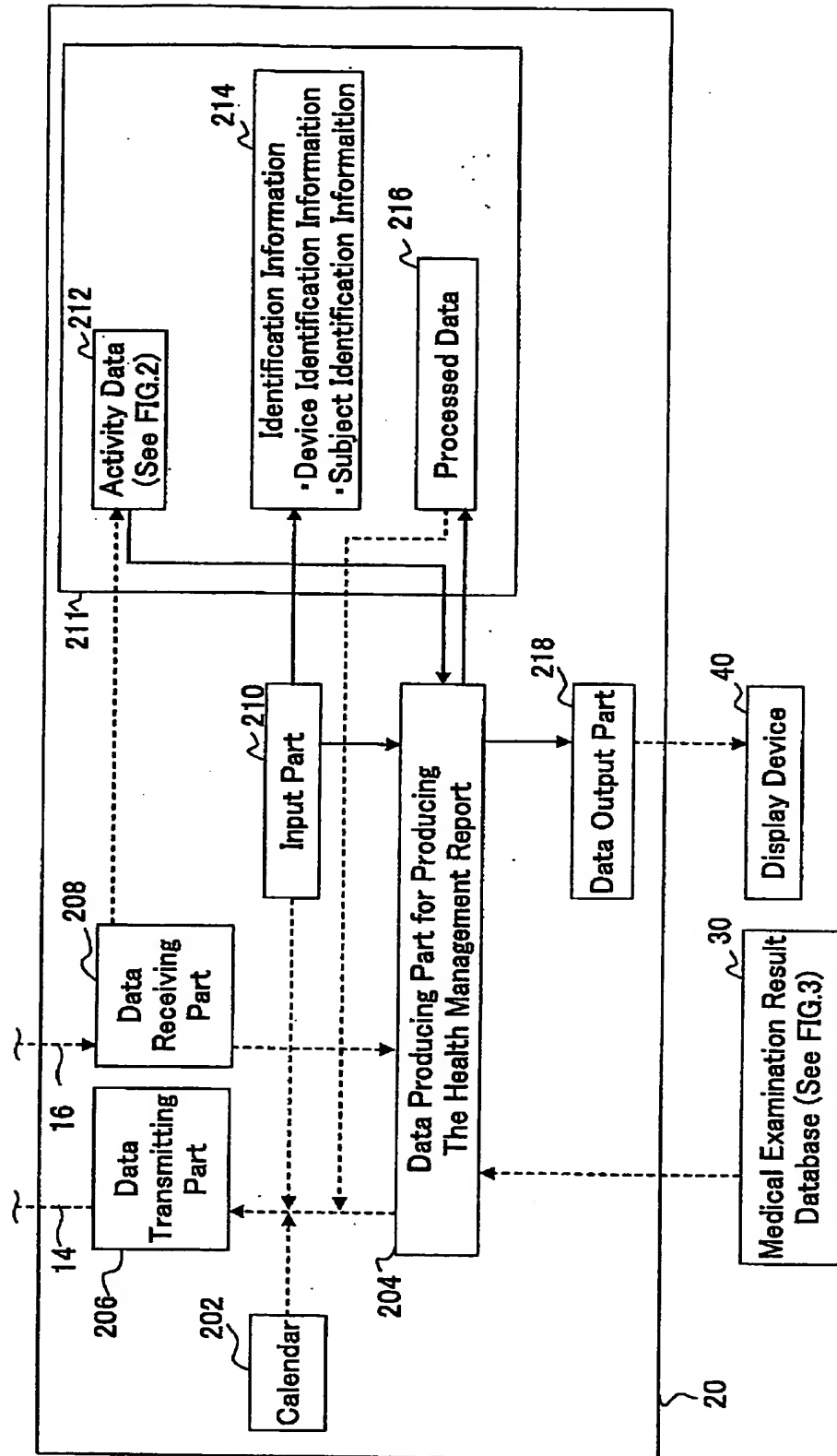


FIG. 2

Input Time	March 1	0:00	0:10	10:00	10:10	10:20	24:00	Total of Time of Each Intensity of Exercise	Total of Time of Each State of Exercise
Intensity of State of Activity	Resting State	Resting State	Resting State				Resting State	1320	1320
Grade 0									
Grade 1								10	
Grade 2	Walking State			Walking State	Walking State			30	60
Grade 3								10	
Grade 4								10	
Grade 5								10	
Grade 6	Rapid Walking State							20	
Grade 7								10	50
Grade 8								10	
Grade 9	Running State							10	10
Number of Steps	(Steps)			50	50	50		Total of Number of Steps (Steps)	7500
Energy Consumption by Exercise Expended (Kcal)				20	20	20		Total of Consumption of Energy (Kcal)	350
								Sum Consumption of Energy (Kcal)	1790
				:	:	:	:		:

FIG. 3

Subject ID	Time of Examination	February 16	March 1	March 15
000		10:30	13:00	11:00
	Height (cm)	165.5	165.5	165.5
	Weight (kg)	70	68	67
	Blood Glucose Value
	Blood Pressure	130/70	125/65	122/62
	:	:	:	:

FIG. 4

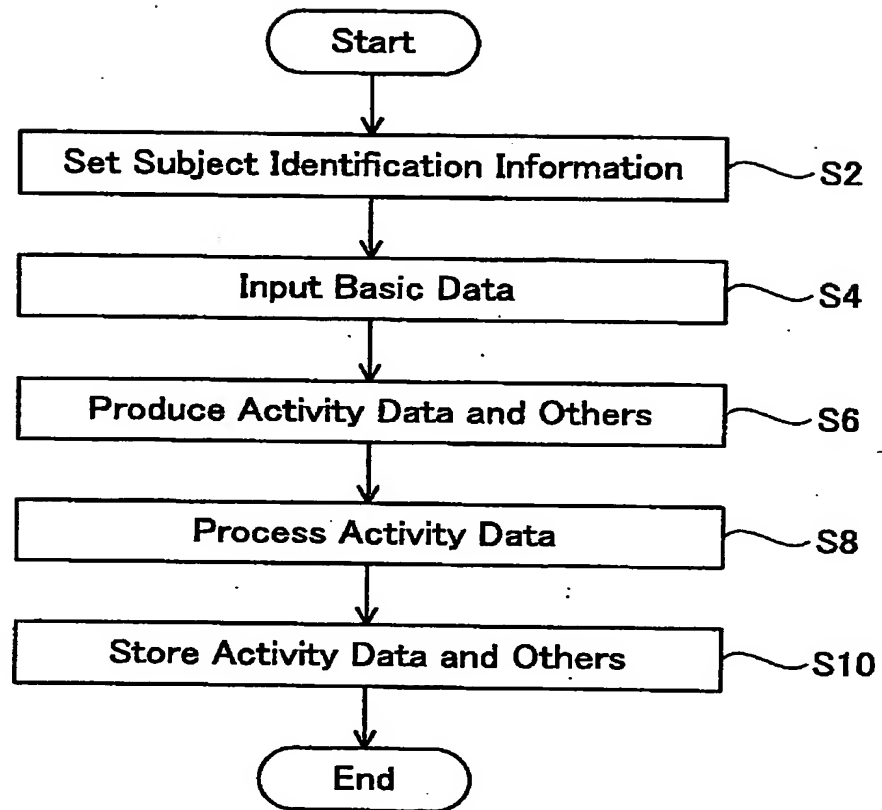


FIG. 5

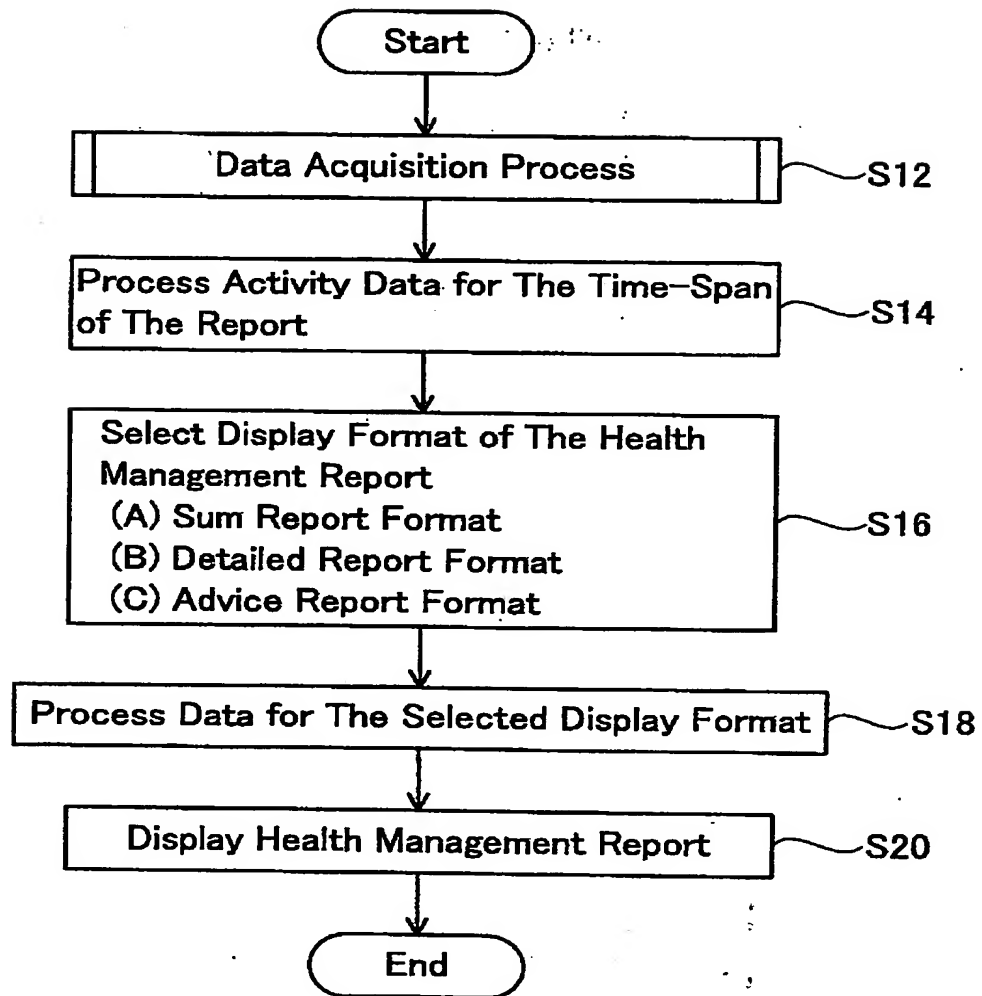


FIG. 6

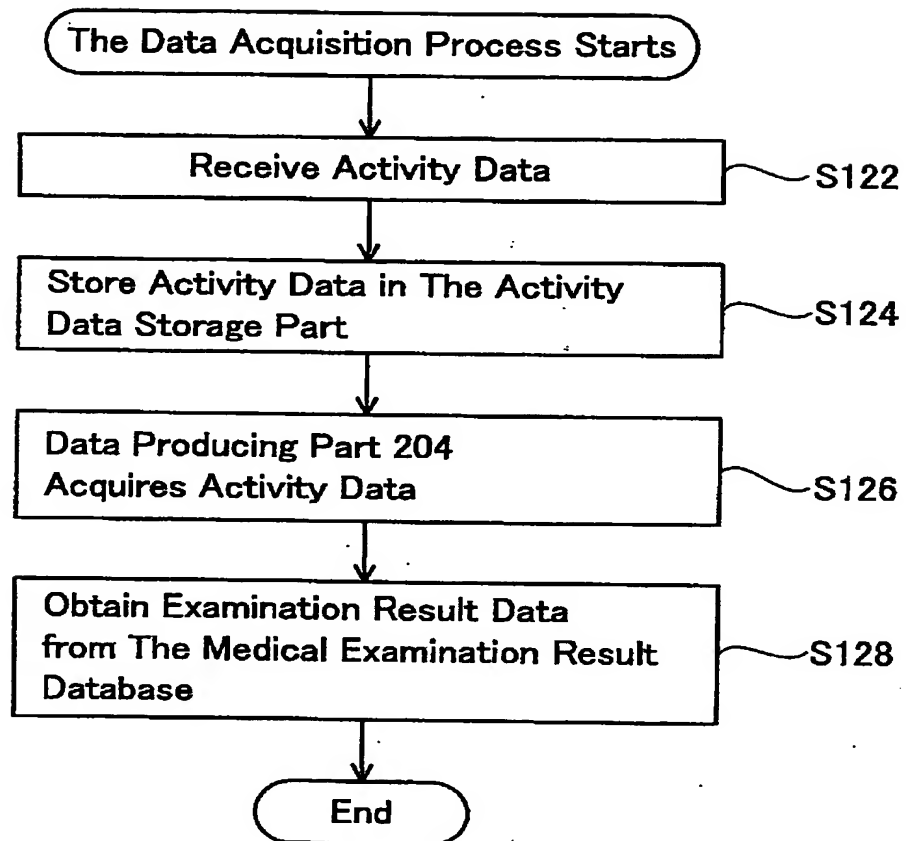


FIG. 7A

(A) Sum Report

Sum Report

Address
 Name of Institution
 Tel/Fax No.
 Name

Device ID
 163cm
 Group ID

Age 39
 Male
 56kg

Basal Metabolic Rate 1360 kcal
 Normal Weight (Calculated using BMI) 58.5 kg BMI 21.1
 Your Adiposity (Calculated using BMI) is -4.2%. This is within Normal Range ($\pm 15\%$)

Period Recorded from ... to ... Period ... Days

Energy Consumption by Exercise	Sum Consumption of Energy	Number of Steps	Period of Exercise
Average of Period... 295kcal	2083kcal	10528 Steps	***** Minutes
Day with Maximum Value 567kcal	2363kcal	19053 Steps	***** Minutes

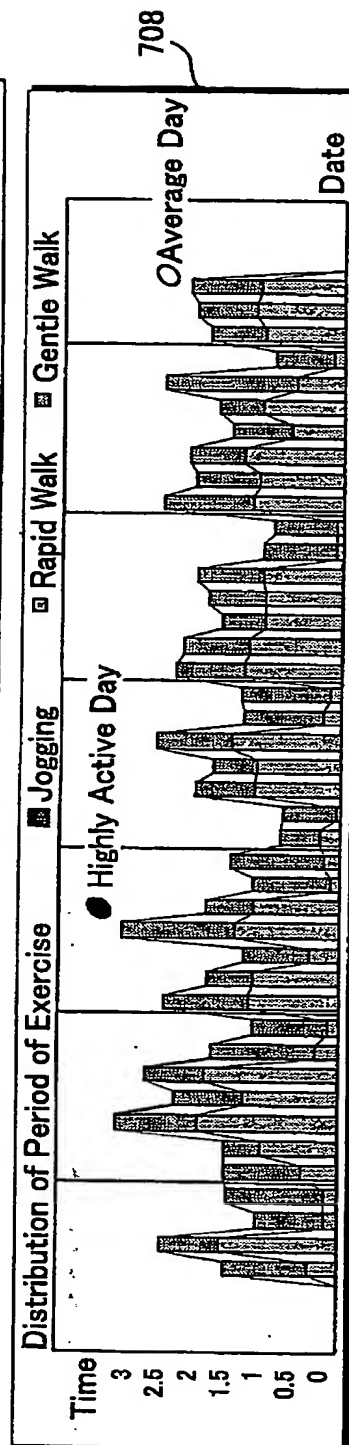


FIG. 7B

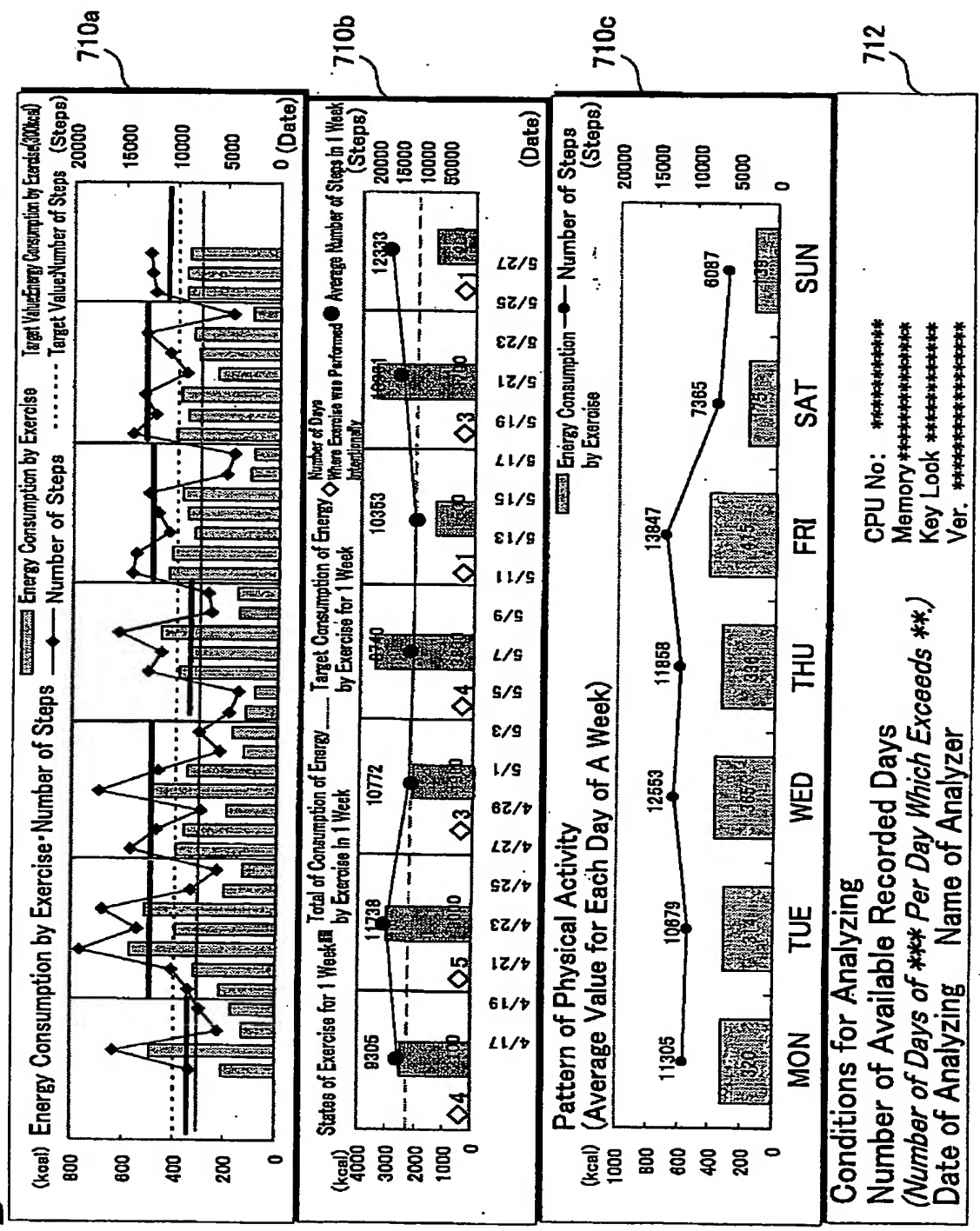


FIG. 8

(B) Detailed Report

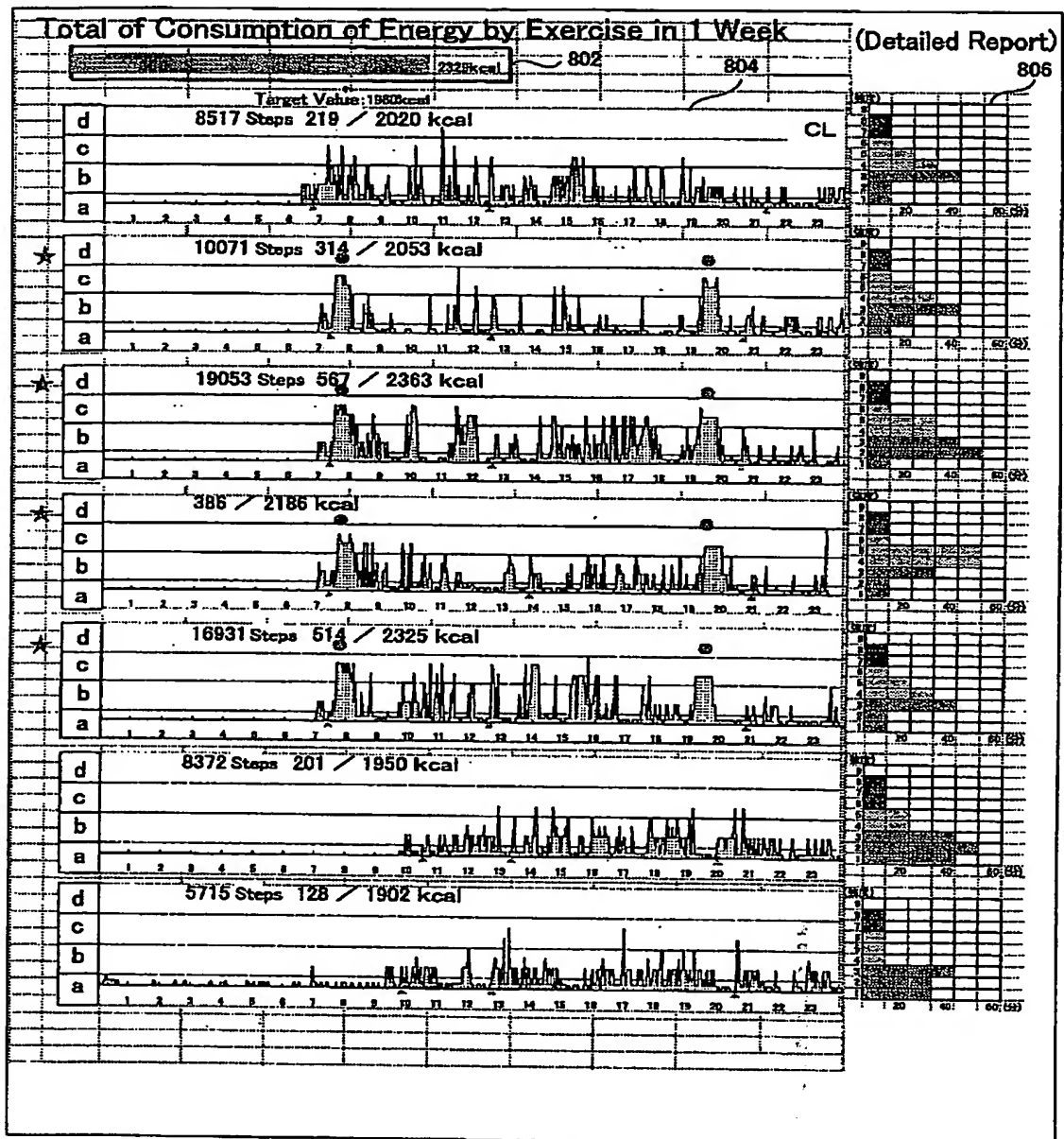


FIG. 9A

(C)Advice Report

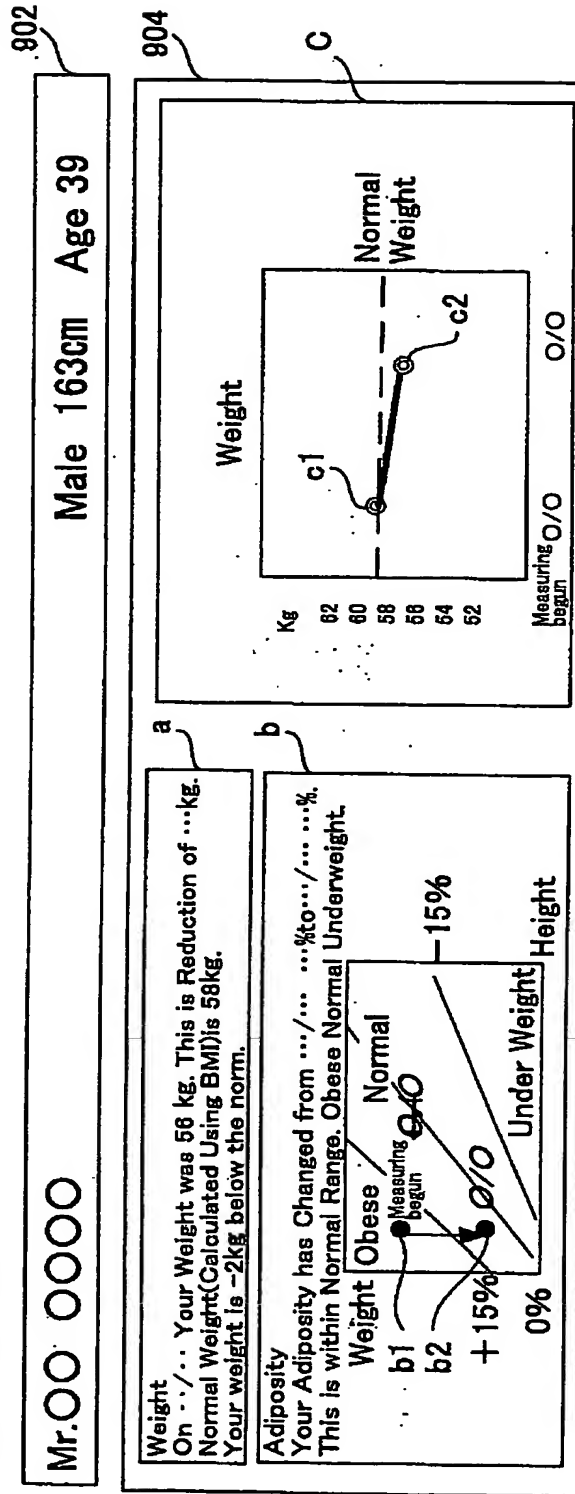


FIG. 9B

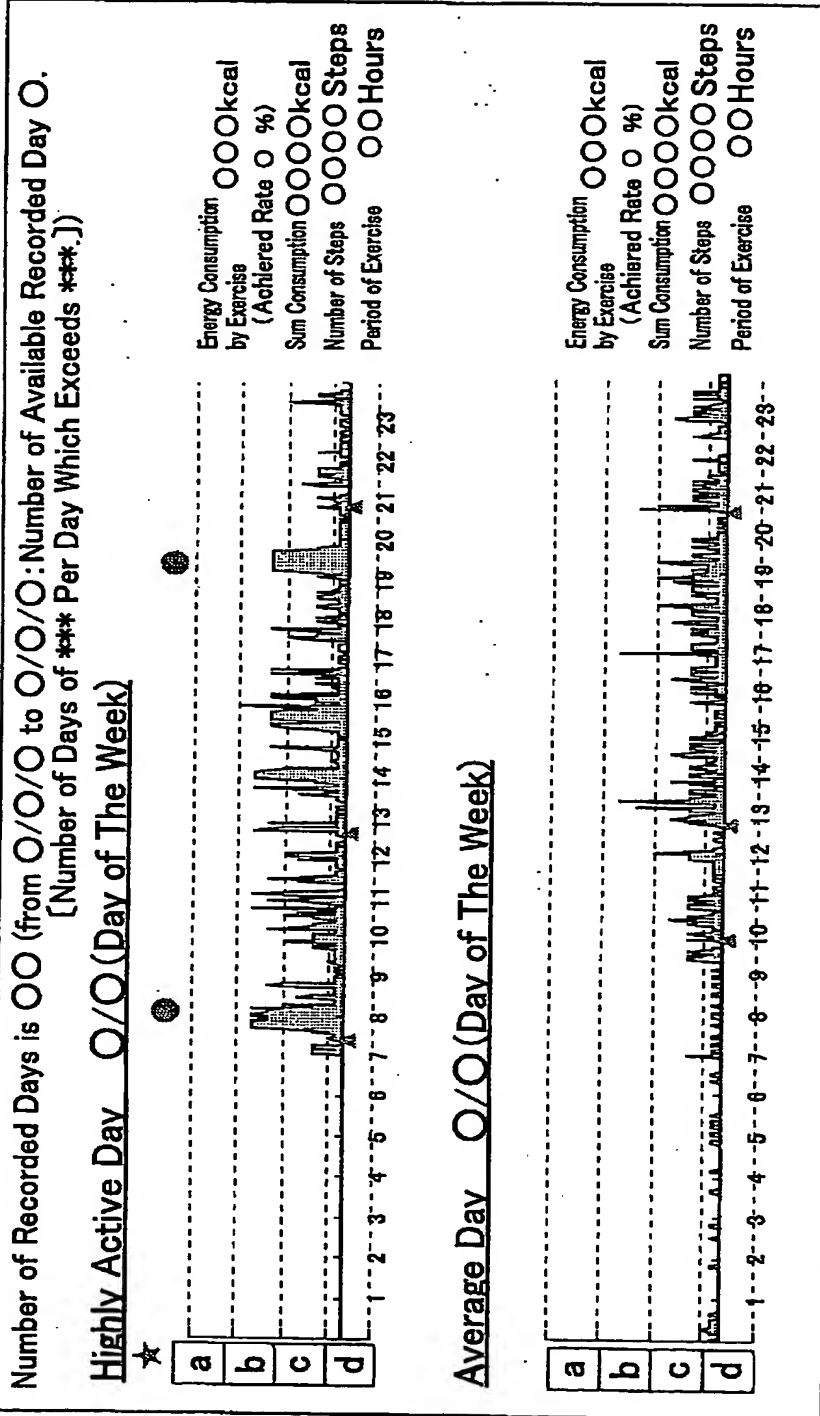
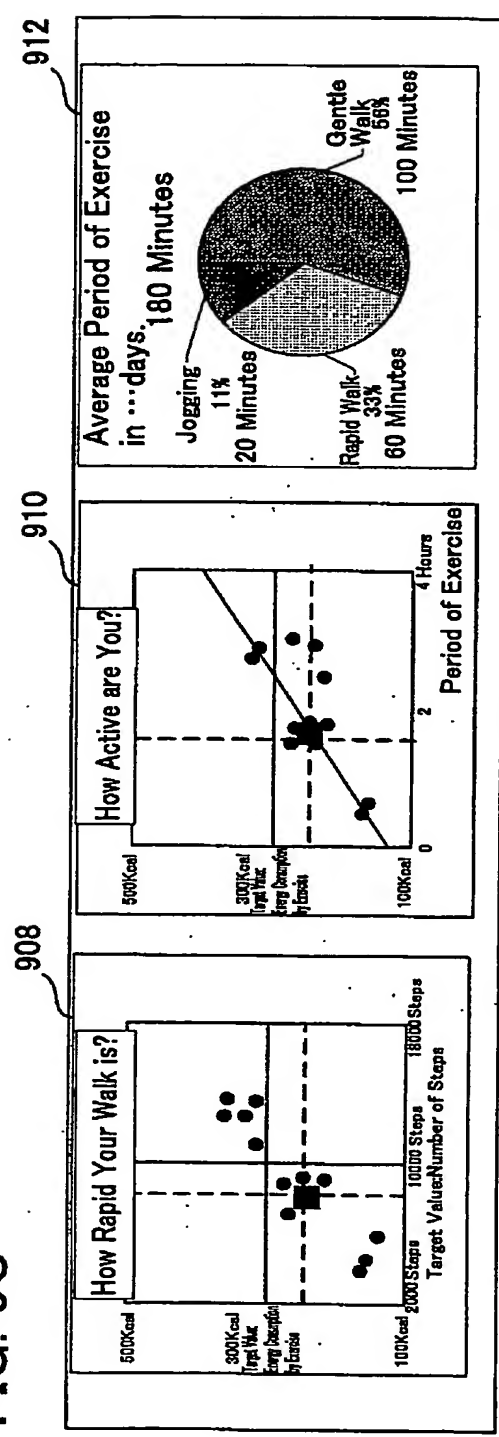


FIG. 9C



914

[Remarks]

On The Highly Active Day, Month/Day(Week), Energy Consumption by Exercise was ...Kcal,
Total Calories Expended were ...Kcal, Number of Steps was ...Steps,
Period of Activity was ...Minutes.
An Average Day within The Period ...was Month/Day(Week).
Total of Consumption of Energy by Exercise was ... Kcal,
Total Calories Expended were ... Kcal, Number of Steps was ...Steps, Period of Activity was ...Minutes.
(Remarks Produced from Graph Data for the Number of Steps and Energy Consumption
by Exercise Per Day.)
Target Values will Begin as a 10% Increase Over The Current Consumption of Energy by Exercise.
...Kcal of Exercise is Required to Increase The Calories Expended by 10%.
Rapid Walking(100-130m/min)for ...Minutes is Required to Expend ...Kcal.

FIG. 10

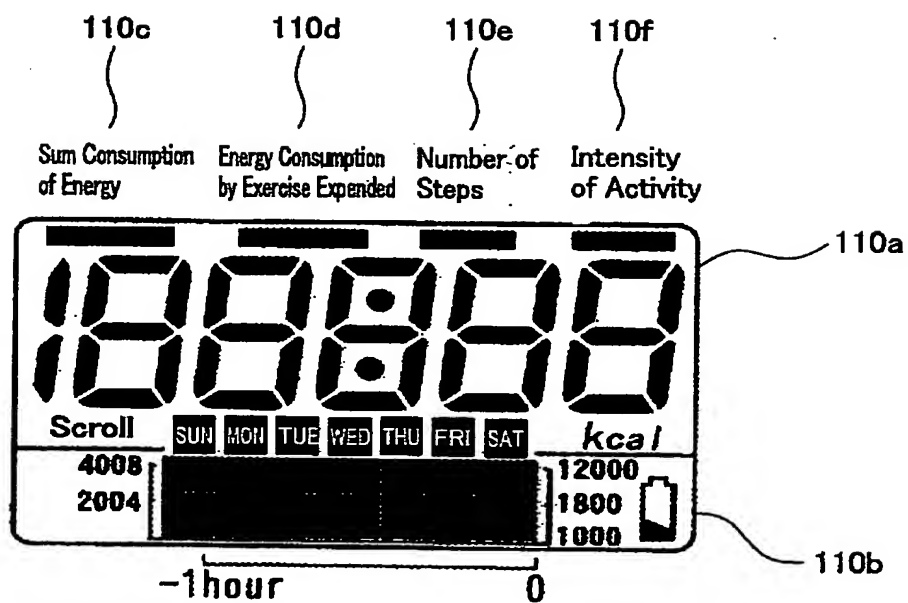


FIG. 11

